

# The Life Warrior's Code

**“A Warrior sees life as an opportunity. The ordinary sees life as a blessing or a curse.”**

A Life Warrior finds the positive opportunities in all aspect of life. He does not look for others to do for him or make excuses for personal, team, or organizational shortcomings. He makes the most out of all he has and encourages others to do the same.

## Spiritual Protocol

The warrior is One with the Universe and with the Creator. He respects the different paths of others that lead to Spiritual Oneness

## Social Protocol

The warrior respects himself and those to whom he encounters. The warrior is quick to engage in joyous respectful activity, slow to judge the actions of others, and quick to bring harmony to volatile situations.

## Academic Protocol

The warrior is well versed in many academic disciplines so that applicability of knowledge is efficient and effective for the betterment of his community.

## Athletic Protocol

The Warrior plays the game with respect and joy for each moment of participation. He reacts to the challenges with his best physical and mental effort. He encourages his teammates to be their best, and he lives in each moment of play without stress from the past or anxiety about the future.

## Play to Win Protocol

Winning comes in many forms and the scoreboard is only one. Personal victory is found in every minute of positive participation. Positive focused participation provides the best pathways to score board victories.

## Personal Accountability Protocol

The warrior is responsible for his actions, his equipment, his position on the field, his team welfare, and the character of his organization.

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## The Warrior's Mantra

# “AIO”

Adapt, Improve, Overcome

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