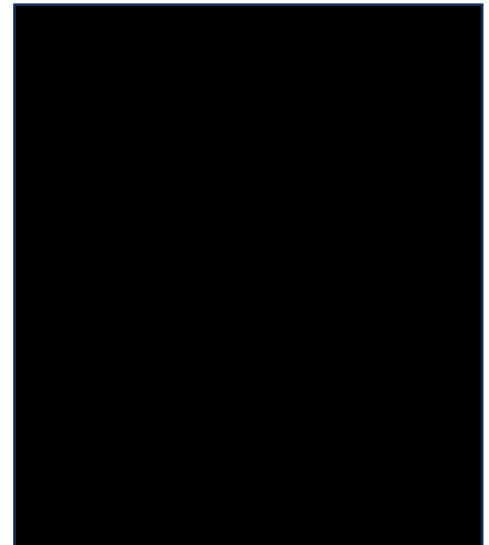
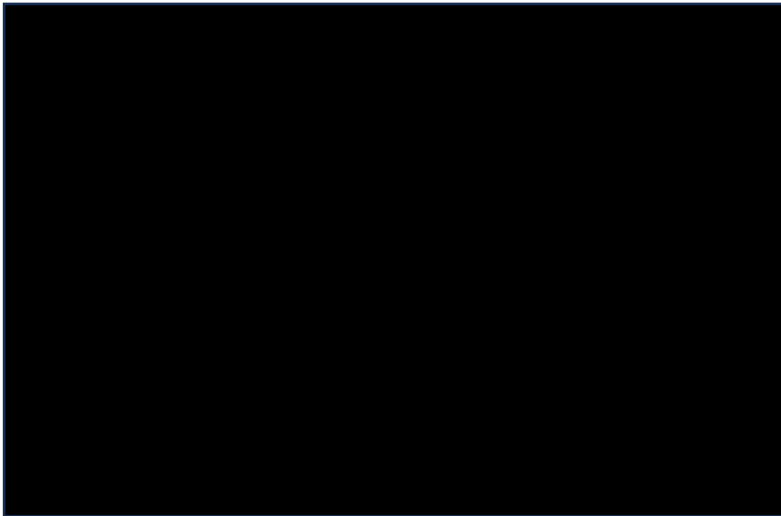


Instructionals

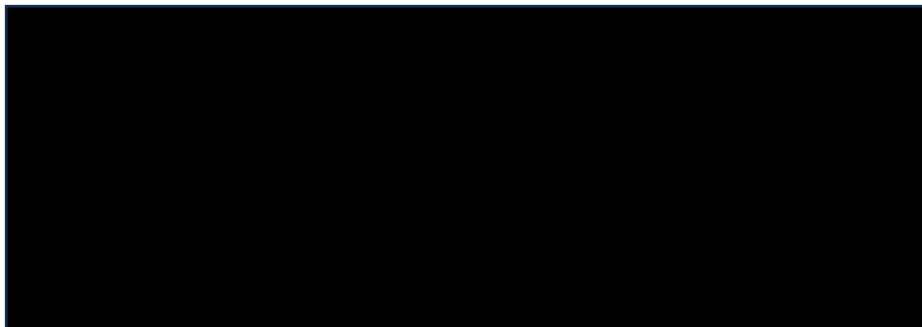


Live Broadcasts



Penguins's Choice

Archives



UpDates