

Baseball Lessons

It takes 4/5 good fundamental lessons to develop good baseball habits and mechanical understanding. Once this is established it is important to repeat the mechanical and mental training with efficient and effective protocols that unleash the “**FUN-damentals**” of play.

Our Lessons are priced at \$75.00 per hour.

- The fundamentals are presented
- The student is evaluated
- The blending of fundamentals with the skill sets the path to improvement
- We have many drills that are simple and easy to learn.
- We video tape the progression and provide to player and parents
- We review with the parents what was worked on for the lesson.

Our goal is to help our students be successful at playing the game so that we can play for our Wild Penguins in the future!

Finally, we want to assure the parents that our 44 years of experience as teachers, coaches, parents, and fathers on the youth, high school, college, professional, and international levels provide a huge reservoir of methods and successful lessons to develop each player in the mental, physical, and spiritual growth of each student/athlete. We develop at the level of the student-athlete and we give him a plan to stay with him during his lifetime of play.

To schedule an appointment for lessons please text call 434 489 4544.

We will review the situation over the phone, organize the logistics, and build a plan.

Respectfully,



Coach Fulton

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