

# EVNO Health

**“The Personal Power Coach”**



## **Noah Shannon CSCS**

**Effective Efficient Virtual Personal Sustainable Certified**

Noah Shannon provides professional training and guidance to those who need a big brother to guide them on the journey.

He lives what he teaches and he provides the true characteristics of a Life Warrior who knows how to Adapt, Improve, and Overcome. He educates, adjusts, endures, and rejoices in the victories of his teammates.

Some may call the individuals that use personal trainers as clients. Noah referees to his training warriors as family!

If you need a family of dynamic individuals, instruction, connections, and vision, then connect with Noah to discuss the opportunities for a new direction for your mission.

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