

Sophos Library's "The Sword Program"

Learn How to Hit a Ball With Natural Power

It is a secret skill set of the Professional Players and Coaches who have master the art of Balance, Timing, and Efficient/Effective Hand-Eye Bat Control.

Only those who know how to wait on the ball, stay behind the ball, and hit the Top Inside Quarter are successful, day in and day out at the Plate.

Detailed Explanations, Illustrations,
Virtual Contacts For all ages, levels, and sizes.

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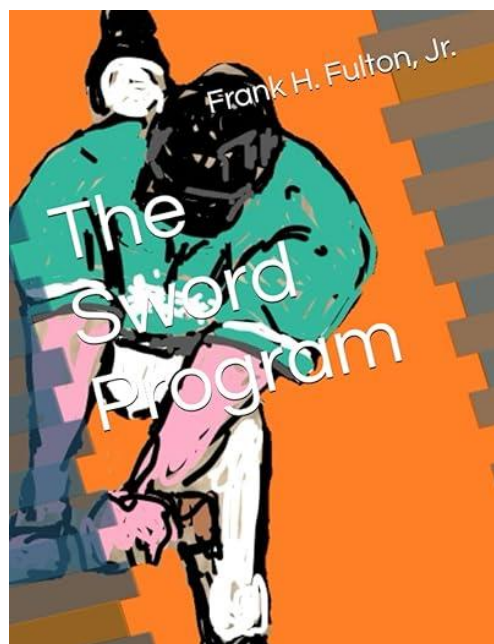
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"The Sword Program"

Drills, Explanations, Secrets to
Unlocking the Power to Hit with
Authority!!

When you are Naturally Strong then you
Naturally have Fun!

This Program

"Brings Da Joy"